

Modern Square Dancing

WHAT??? MODERN Square Dancing? What is that???



Well, it certainly is not what you're thinking – no fiddles, no banjos, no haybales, no fluffy skirts, no cowboy boots ... unless you want them, of course. There is no particular dress code – wear what's comfortable to you! And there is no particular music, either. Sure, we do use fiddles and banjos from time to time, but more often you will hear Classic Rock, Top 40 Hits, Easy Listening, Alternative, Jazz, Gospel.... It's definitely much more than just country.

The biggest difference is the actual dancing. Yes, we still Dosido, but we don't teach *dances*. We teach *steps* and it's up to the Caller/Instructor to put the steps together in a smooth danceable sequence. The Caller then "calls" the steps out to the dancers so they know what to do. And wait 'til you hear your first "Singing Call"!

But what's in it for you? That's simple:

- Be Social – You'll make friends, as you dance in groups of eight.
- Be Smart – You'll keep your mind active, as you have to pay attention to know what step to dance next.
- Be Physical – You'll be exercising without even realizing it because it's too much FUN to call exercise!
- You just have to try it:



Border Boosters Square and Round Dance Association
www.squaredance.qc.ca www.facebook.com/dansecarreeMontreal

Free September open houses - dancing is weekly from September thru April!

Greenfield Park, Quebec (Seaway Swingers)
Michael Malone – mmalone@primus.ca
514-947-8973

Alexandria, Ontario (Glengarry Tartans)
Bryan Anderson – bandsanderson@rogers.com
613-678-1681

Cornwall, Ontario (Swinging B's)
Iris Swerdfeger – iris.swerdfeger@gmail.com
613-937-3455

Dollard-Des-Ormeaux, Quebec (Swinging Stars)
Swinging.stars.ddo@gmail.com
514-907-0953

We are not professional dancers, and our clubs are Not-For-Profit.
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